

DAFTAR PUSTAKA

- Arnett, J. J. (2015). *Emerging Adulthood: The Winding Road from the Late Teens Through the Twenties* (2nd ed.). New York: Oxford University Press.
- Jabeen, S. S., Sadique, Z., & Towheed, M. A. (2015). Clarity in communication: An imperative. *Journal of Humanities and Social Sciences*, 1(1), 18–24.
- Creswell, J. W., & Creswell, J. D. (2009). *Research designs: Qualitative, quantitative, and mixed methods approaches*. Callifornia: Sage.
- Ghozali, I. (2021). *Aplikasi Analisis Multivariate dengan Program IBM SPSS 26* (Edisi ke-10). Semarang: Badan Penerbit Universitas Diponegoro.
- Jahrami, H., Saif, Z., Chen, W., Helmy, M., Ghazzawi, H., Trabelsi, K., ... & Seeman, M. V. (2023). Development and validation of a questionnaire (GHOST) to assess sudden, unexplained communication exclusion or “ghosting. *Heliyon*, 9(6). <https://doi.org/10.1016/j.heliyon.2023.e17066>
- Kansky, J., & Allen, J. P. (2018). Making sense and moving on: The potential for individual and interpersonal growth following emerging adult breakups. *Emerging Adulthood*, 6(3), 172-190. <https://doi.org/10.1177/2167696817711766>
- Khullar, T. H., Kirmayer, M. H., & Dirks, M. A. (2021). Relationship dissolution in the friendships of emerging adults: How, when, and why?. *Journal of Social and Personal Relationships*, 38(11), 3243-3264. . <https://doi.org/10.1177/02654075211026015>
- Lestari, E., Hayati, S., & Zubair, A. G. H. (2025). Silent Treatment pada Dewasa Awal yang Berpacaran. *Jurnal Psikologi Karakter*, 5(1), 66-71. <https://doi.org/10.56326/jpk.v5i1.5827>
- Mala, J., & Černá, Ľ. (2012). Information quality, its dimension and the basic criteria for assessing information quality. *Trnava Slovak University Of Technology In Bratislava*, 1, 86-93. <https://doi.org/10.2478/v10186-012-0015-4>
- Masitoh, S., Adhandayani, A., & Sukirwan, M. (2024). GAMBARAN GHOSTING DALAM HUBUNGAN BERPACARAN PADA INDIVIDU DEWASA AWAL. *Jurnal Psikologi: Media Ilmiah Psikologi*, 22(2). <https://doi.org/10.47007/jpsi.v22i2.411>

- Preetz, R. (2022). Dissolution of non-cohabiting relationships and changes in life satisfaction and mental health. *Frontiers in Psychology*, 13, 812831. <https://doi.org/10.3389/fpsyg.2022.812831>
- Putri, C. N., & Ariana, A. D. (2022). Kecemasan diri dewasa awal yang menjalani hubungan romantis saat mendapat perilaku silent treatment. *Buletin Riset Psikologi Dan Kesehatan Mental (BRPKM)*, 2(1), 163-171. <https://doi.org/10.20473/brpkm.v2i1.31926>
- Powell, D. N., Freedman, G., Le, B., & Williams, K. D. (2022). Exploring individuals' descriptive and injunctive norms of ghosting. *Cyberpsychology: Journal of Psychosocial Research on Cyberspace*, 16(3). <https://doi.org/10.5817/CP2022-3-11>
- Sugiyono. (2023). Metode Penelitian Kuantitatif, Kualitatif, dan R&D. Bandung: Alfabeta.
- Wang, J., Liu, Y., Li, P., Lin, Z., Sindakis, S., & Aggarwal, S. (2024). Overview of data quality: Examining the dimensions, antecedents, and impacts of data quality. *Journal of the Knowledge Economy*, 15(1), 1159-1178. <https://doi.org/10.1007/s13132-022-01096-6>
- Pancani, L., Aureli, N., & Riva, P. (2022). *Relationship dissolution strategies: Comparing the psychological consequences of ghosting, orbiting, and rejection*. *Cyberpsychology: Journal of Psychosocial Research on Cyberspace*, 16(2). <https://doi.org/10.5817/CP2022-2-9>
- Schokkenbroek, J. M., Telari, A., Pancani, L., & Riva, P. (2025). What is (not) ghosting? A theoretical analysis via three key pillars. *Computers in Human Behavior*, 168, 108637. <https://doi.org/10.1016/j.chb.2025.108637>
- Freedman, G., Powell, D. N., Le, B., & Williams, K. D. (2024). Emotional experiences of ghosting. *The Journal of Social Psychology*, 164(3), 367–386.
- Leckfor, C. M., Wood, N. R., Slatcher, R. B., & Hales, A. H. (2023). *From Close to Ghost: Examining the Relationship Between the Need for clos, Intentions to Ghost, and Reactions to Being Ghosted*. *Journal of Social and Personal Relationships*, 40(8), 2422–2444.
- Mancone, S., Celia, G., Bellizzi, F., Zanon, A., & Diotaiuti, P. (2025). *Emotional and cognitive responses to romantic breakups in adolescents and young adults: The role of rumination and coping mechanisms in life impact*. *Frontiers in Psychiatry*, 16, 1525913.
- Yue, X., & Cui, X. (2025). *Psychological Factors Related to Positive Post-Breakup Adjustment: The Roles of Self-Concept Clarity, Resilience, Self-Esteem, and Optimism*. *SAGE Open*, 15(2).

- Pancani, L., Aureli, N., & Riva, P. (2022). *Relationship dissolution strategies: Comparing the psychological consequences of ghosting, orbiting, and rejection. Cyberpsychology: Journal of Psychosocial Research on Cyberspace*, 16(2)
- Adikusumah, R. M. R., Kustimah, & Meindy, N. (2023). *Rumination and coping: How emerging adults deal with romantic breakups. Insight: Jurnal Ilmiah Psikologi*, 25(2), 174–184. DOI: 10.26486/psikologi.v25i2.3338
- Rasyid, M., Sandra, A., Wahyuni, R., & Sandjaja, M. (2026). *Post-Breakup Adjustment in Indonesian Emerging Adults: A Phenomenological Study of Communication, Social Behavior, and Emotion Regulation. International Journal of Body, Mind and Culture*, 13(1), 14–26. DOI: 10.61838/ijbmc.v13i1.996